

SUZANNE VAILLANCOURT

EDUCATION

Personal Support Worker Diploma
Georgian College

2002

Grade 12 equivalent
New Zealand

PROFESSIONAL ATTRIBUTES

- Effective communication skills both written and verbal
- Exercise initiative, achievement and independent judgment
- Works well in a team environment towards a common goal
- Highly motivated, dedicated and knowledgeable in the health care field

EXPERIENCE

Personal Support Worker
Wright Rehab

Present

Provide consistent support to individuals living with ABI to progress toward their rehabilitation goals. Effectively work with a multi disciplinary team to implement strategies to promote independence and skill development in management of daily activities in the home and community. Encourage client coping mechanisms to manage issues of pain, fatigue and frustration. Develop professional session notes to record progress and identify challenges for team review.

Wasaga Seniors Residence (2 years)

Kauri Lodge Nursing Home: New Zealand (3 years)

Wellington Hospital Rehabilitation Centre: New Zealand (2 years)

ACHIEVEMENTS

- Promoted to position of shift Supervisor

RELEVANT DUTIES

- During changeover, completed shift reports
- Counseled subordinates on proper conduct and standard operational procedures
- Delegated tasks and ensured all jobs were completed in a satisfactory and timely manner
- Performed monthly resident evaluations
- Co-ordinated the placement of incoming residents
- Booked hospital and doctor appointments
- Scheduled transportation to facilitate appointments through Red Cross
- Performed daily and weekly blood pressure reading
- Training of new staff
- Wound care
- Distribute Medication
- Range of Motion exercise

SKILLS PERFORMED BY PSW

- Bathing (tub baths and bed baths)
- Personal hygiene – mouth care
- Feed residents requiring help
- Palliative care
- Assist with daily activities

MOBILITY ASSISTANCE

- Mechanical lifts – Hoyer lifts, transfer-board, transfer-belt, one and two person transfer